

## Antenatal Clinics 1st Placement

### Aim

The aim of this placement is to orient midwifery students to the antenatal day services and enable them to observe and participate in the care of pregnant women accessing these services.

Students are expected to reach **Exposure/Participation** level in relevant **Performance Criteria** in order to achieve aspects or completion of their **Midwifery Competencies**. BSc students should achieve clinical skills relevant to the area. All students should gain experience of **Antenatal Assessments** for the **Clinical Practice Experience** book (EU/ABA requirements).

**All care provided is under the direct supervision of a registered midwife**

### Learning Outcomes

By the end of the placement the midwifery student will:

- Participate and have an understanding of the antenatal services offered of women. This should include:
  - Antenatal booking interview
  - Routine antenatal screening and implications of test results
    - § Weight, BMI, BP, urinalysis
    - § Routine ultrasound
    - § Blood tests
  - Identification of women suitable for midwifery led care, obstetric care or high risk antenatal care
  - Specialised antenatal investigations
- Develop knowledge of the schedule of antenatal visits and available options for antenatal care
  - Routine hospital/GP care
  - Midwifery clinics
  - Cois Ti – community services
  - Private obstetric care
  - High risk and specialised clinics – e.g multiple pregnancy, diabetic
- Perform a full assessment of the pregnant woman to include the following:
  - General examination
  - Abdominal examination
  - Documentation of findings
  - Discussion of findings with woman
- Identify the range of support services available to women in pregnancy
  - Parentcraft classes
  - Physiotherapy services
  - Social work services
  - Teenage pregnancy

- Community services
- Understand the importance of evidence based information and informed choice and the right for women to refuse tests being offered

**Facilitation of opportunities to observe and participate in the care of the woman experiencing:**

- Multiple pregnancy
- Diabetes
- Intrauterine growth restriction (IUGR)
- Previous caesarean section
- Post term pregnancy
- Breech
- Infections in pregnancy
- Obesity
- Medical disorders in pregnancy
- Rhesus isoimmunisation
- Sexual and reproductive tract infections

This list is not exhaustive and will reflect clinic activity during the placement.

**Prior to the placement the midwifery student must have some knowledge and understanding of:**

Routine antenatal care for low risk women  
Antenatal care for high risk women  
Pregnancy complications

## Antenatal Clinics

### Aim

The aim of this placement is to familiarise midwifery students to the antenatal services and enable them to participate in the care of pregnant women accessing these services.

Students are expected to reach **Participation/ Identification /Internalisation** level in relevant **Performance Criteria** in order to achieve aspects or completion of their **Midwifery Competencies**. BSc students should achieve clinical skills relevant to the area. All students should gain experience of **Antenatal Assessments** for the **Clinical Practice Experience** book (EU/ABA requirements)

**All care provided is under the direct supervision of a registered midwife**

### Learning Outcomes

By the end of the orientation placement the midwifery student will:

- Participate and understand the principles of antenatal care available to pregnant women. This includes:
  - Antenatal booking interview
  - Routine antenatal screening and implications of test results
    - § Weight, BMI, BP, urinalysis
    - § Routine ultrasound
    - § Blood tests
  - Identification of women suitable for midwifery led care, obstetric care or high risk antenatal care
  - Specialised antenatal investigations
- Provide information to women about the schedule of antenatal visits and available options for antenatal care
  - Routine hospital/GP care
  - Midwifery clinics
  - Cois Ti – community services
  - Private obstetric care
  - High risk clinics
  - Specialised clinics – Multiple Pregnancy, diabetic
- Perform a full assessment of the pregnant women, to include the following:
  - General examination
  - Abdominal examination
  - Documentation of findings
  - Discussion of findings with woman
- Provide information to women about the range of support services available to her during pregnancy and following birth
  - Parentcraft classes
  - Physiotherapy services
  - Social work services
  - Smoking cessation

- Violence against women
- Teenage pregnancy
- Referral to specialist services
- Breastfeeding clinics
- Community services
- Have an understanding of the midwives role in:
  - Health promotion
  - Fertility services
  - Gynaecologic clinics
  - Paediatric clinics
- Understand the importance of evidence based information and informed choice and the right for women to refuse tests being offered

**Facilitation of opportunities to observe and participate in the care of the woman experiencing:**

- Post term pregnancy
- Multiple pregnancy
- Diabetes
- Intrauterine growth restriction (IUGR)
- Previous caesarean section
- Post term pregnancy
- Breech
- Infections in pregnancy
- Obesity
- Medical conditions which complicate pregnancy
  - Renal, cardiac, haematological, neurological
- Mental health
- Rhesus isoimmunisation
- Sexual and reproductive tract infections

This list is not exhaustive and will reflect unit activity during the placement.

**Prior to the placement the midwifery student must have knowledge and understanding of:**

Routine antenatal care for low risk women  
 Antenatal care for high risk women  
 Pregnancy complications